

## **Aalishaan Indian Cuisine**

Aalishaan Indian Restaurant in Campbelltown is one of the best looking Indian restaurants in the district. It is impeccably clean and very professionally run too. Owner and Chef Vishal is fastidious and serious about creating a quality dining experience.

I visited Aalishaan with Dr Bec early in March. The menu at Aalishaan is massive and takes some reading too because many of the dishes are completely foreign to both of us. Between talking and reading we sent our young hostess away twice without an order. A couple papadums and a glass each of a lovely McLaren Vale red was all that we needed at that moment.

"OK, pretty sure I am ready to order when she comes back this time," I said earnestly. The platters at Aalishaan are a bit of a speciality. We ordered a tandoori platter for entree. The prawns are a highlight. Next time I might just get a plate of Tandoori Prawns... Yummo! Afghani Chicken Tikka was also a hit.

On to mains. I was trying to avoid anything too creamy. I went for one standard that I cannot resist - Chicken Tikka Massala. I love this dish and I order it everywhere. It is often quite different from place to place. I was explaining this to Dr Bec when she compared it spaghetti bolognaise. "Yeah I suppose - that is a standard Italian dish that is different everywhere you go. Or more like Pad See Ew in Thai restaurants. I don't think I have ever had two the same - but it is a simple traditional Thai dish."

Aaaaaanywaaaay - the other dish I chose was Lamb Saag Gosht. The thick, rich spinach gravy is a treat just because it is so different. Rice and a shared plain naan completed the feasting. Neither of us went close to finishing all of the food. Indian food always fills you up quickly. My tip at Indian is to under order. The serving ramekins look tiny but trust me, it is very hard to get through a lot of Indian food.

No desserts tonight - it's a Tuesday so it's no special occasion. Also, I haven't been to the gym for days. Neither of us had room anyway. Back home by 9pm to write this article. I had to... deadline week!

If you are a fan of Indian food and you are working your way around Macarthur, you have quite a job these days. At last count there were six in Camden alone! Make sure that dining journey includes Aalishaan. Located opposite Campbelltown Council Chambers the smallish restaurant is consistently good. Try one of the platters.