

where we've been...



R&B GRILLHOUSE Gregory Hills

A Friday morning refilling the magazine stands in local shopping centres left me at Gregory Hills around lunchtime. I rang my son Chad and arranged a lunch date. The R and B in R&B Grillhouse stand for Ribs and Burgers - if you were wondering. That's where Chad and I had lunch. It's part of the new section of Gregory Hills Shopping Village.

This shopping centre sure does offer some food options. With Chad living so close I've tried most of them, but up until this day, not R&B Grillhouse. We did and I can recommend it, particularly for meat. That's not surprising given the name.

We sat outside in the shade on a warm day early in summer. The sun cooperated for most of our lunch but began to impact my side of the table later. Our waitress was lovely - a bundle of pleasantness and enthusiasm. Chad ordered a half Pork Spare Ribs and I went for a 200g Rump-Eye Fillet. Both dishes were served with chips or Apple Cabbage Salad but seeing we ordered a Greek Salad Bowl, we both opted for chips. I chose pepper sauce for my steak. "Medium rare please - oh and a glass of grenache." Chaffey Bros Pax Aeterna Grenache from the Barossa Valley to be exact - delicious!

Our lunches arrived and Chad was immediately concerned that they had presented a full rack instead of half. I was confident we ordered half - but it sure was big. My steak was brilliant - perfectly cooked, tender and

tasty. If this type of food appeals to you, I can heartily recommend R&B Grillhouse. The salad was only OK, but what were you expecting? My steak and Chad's pork ribs were both superb. Oh - and I checked the bill, Chad definitely received a half pork rack.

In regards to dining in and takeaway food options, Gregory Hills Shopping Village punches way above its weight. The midsize suburban centre offers an amazing array of food choices and I am yet to have a bad experience at any of them. Meat eaters, add R&B Grillhouse to your list.